

BERRIES

BERRIES FLAVOR



ManaPowder™ is a nutritionally complete food

PREPARATION: For one serving, you need 3 oz (86 g) of powder (2 Mana™ scoops or 5 heaped tablespoons) and 10.1 fl oz (300 ml) of water. Shake well in a closed bottle or mix in a blender. Adjust proportions as preferred.

INGREDIENTS: protein (soy protein isolate, pea protein isolate, oat protein, brown rice protein, pumpkin seed protein, chlorella), maltodextrin, oat fiber, isomaltulose, inulin, carrot fiber, vegetable oils (canola oil, medium-chain triglycerides oil containing C8 caprylic acid (from coconut), algae oil, sunflower oil, oat oil, flaxseed oil), soy lecithin, acacia gum, xanthan gum, salt, vitamin and mineral blend (potassium citrate, potassium chloride, calcium carbonate, magnesium oxide, zinc gluconate, vitamin A acetate, thiamine hydrochloride, riboflavin, niacin, d-calcium pantothenate, pyridoxine hydrochloride, biotin, folic acid, vitamin B12, vitamin C, ascorbyl palmitate, vitamin D2, vitamin D3 from seaweed, high-selenium yeast, potassium iodate, chromium picolinate), concentrated carrot and hibiscus, choline bitartrate, taurine, L-carnitine, kombucha (freeze-dried powder), citric acid, alpha-tocopheryl acetate, vitamin K1, mixed tocopherols, sucralose, natural and artificial flavors.

CONTAINS: soy, tree nuts (coconut oil).

High-protein drink powder fortified with vitamins and minerals. Suitable for vegans.

STORAGE: Store in a dry place. Protect from heat and direct sunlight. Once opened, consume within a month. If placed in airtight containers and stored in the dark, the shelf life can be extended to 6 months from the date of opening.

Once mixed with water, it should be consumed within a few hours, or if refrigerated, within 24 hours. Re-shake before use.

Best-before date located on the package.

NET WT. 424.7 OZ. (12.04KG)

Food for a better life™

Distributed by:

Heaven Labs Inc.
Registered Agents Inc.
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GMO free



Plant-based



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Nutrition Facts

140 servings per pack

Serving size

5 heaped tablespoons (3 oz. / 86g)

Amount per serving

Calories

400

% Daily Value*

Total Fat 19g **24%**

Saturated Fat 2g **10%**

Trans Fat 0g

Cholesterol 0mg **0%**

Sodium 400mg **17%**

Total Carbohydrate 39g **14%**

Dietary Fiber 6g **21%**

Total Sugar 8g

Includes 5.5g of Added Sugars **11%**

Protein 21g **42%**

Vitamin D 3.0mcg 15%

Calcium 200mg 15%

Iron 3.5mg 19%

Potassium 700mg 15%

Vitamin A 160mcg RAE 18%

Thiamin 0.3mg 25%

Riboflavin 0.3mg 23%

Niacin 4mg NE 25%

Pantothenic acid 2.1mg 42%

Vitamin B6 0.31mg 18%

Biotin 11mcg 37%

Folate 119mcg DFE (50mcg folic acid) 30%

Vitamin B12 2.2mcg 92%

Vitamin C 20mg 22%

Vitamin E 4mg 27%

Vitamin K 15mcg 13%

Iodine 36.0mcg 24%

Magnesium 75mg 18%

Zinc 1.8mg 25%

Selenium 12mcg 22%

Chromium 8mcg 23%

Choline 90mg 16%

Taurine 100mg —

L-Carnitine 100mg —

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.